

# March, 2020 around town



COMMUNITY DEVELOPMENT

401 First Street SE, Medicine Hat, AB T1A 8W2

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Date/Time/Location	Event/Details	Information
<p><u>March 3</u>   7 PM Canalta Centre 2802 Box Springs Way</p>	<p><b>Medicine Hat Tigers vs Swift Current Broncos</b></p>	<p>Tickets available through Ticket Master</p>
<p><u>March 6</u>   8 PM Esplanade Arts &amp; Heritage Centre 401 – 1<sup>st</sup> Street SE</p>	<p><b>Celtic Illusion</b> - Coming to Canada for the very first time after an Australian sell-out in 2017, the much-anticipated family event of 2020, Celtic Illusion is the biggest dance and magical illusion sensation that has been taking audiences by storm. The show for ALL ages cleverly fuses awe-inspiring contemporary Irish Dance with mind-blowing magic and Grand Illusions, and is set to make its Canadian debut for a one-night show. With incredible new choreography, spellbinding magic, heart-racing music and a sensory experience like no other, audiences will be kept on the edge of their seats and left wanting more. Showcasing a stellar cast of champion and internationally-acclaimed dancers, including performers from both Riverdance and Lord of the Dance, Celtic Illusion offers some of the fastest taps in the world as the dancers' thunderous rhythm fills the stage in perfect unison. The show is led by Australia's very own Anthony Street, the first Australian to perform leading roles in Michael Flatley's widely-acclaimed Lord of the Dance, including the very role that Michael Flatley originally performed himself.</p>	<p><a href="http://www.tixx.ca">www.tixx.ca</a> Esplanade Box Office 403-502-8777</p>
<p><u>March 6</u>   7:30 PM Canalta Centre 2802 Box Springs Way</p>	<p><b>Medicine Hat Tigers vs Calgary Hitmen</b></p>	<p>Tickets available through Ticket Master</p>
<p><u>March 7</u>   7:30 PM Canalta Centre 2802 Box Springs Way</p>	<p><b>Medicine Hat Tigers vs Edmonton Oil Kings</b></p>	<p>Tickets available through Ticket Master</p>
<p><u>March 7</u>   7:30 PM Esplanade Arts &amp; Heritage Centre 401 – 1<sup>st</sup> Street SE</p>	<p><b>The Simon &amp; Garfunkel Story</b> is touring North America again this fall! Using huge projection photos and original film footage, featuring a full live band performing all the hits including 'Mrs. Robinson', 'Cecilia', 'Bridge Over Troubled Water', 'Homeward Bound' and many more. "Fantastic" – Elaine Paige, BBC Radio and "Authentic and Exciting" – The Stage. The immersive concert-style theater show chronicles the amazing journey shared by the folk-rock duo, Paul Simon and Art Garfunkel. It tells the story from their humble beginnings as Tom &amp; Jerry to their incredible success as one of the best-selling music groups of the '60's to their dramatic split in 1970.</p>	<p><a href="http://www.tixx.ca">www.tixx.ca</a> Esplanade Box Office 403-502-8777</p>
<p><u>March 10</u>   7 PM Canalta Centre 2802 Box Springs Way</p>	<p><b>Medicine Hat Tigers vs Red Deer Rebels</b></p>	<p>Tickets available through Ticket Master</p>
<p><u>March 13</u>   7:30 PM Esplanade Arts &amp; Heritage Centre 401 – 1<sup>st</sup> Street SE</p>	<p><b>Anne of Green Gables</b> - This creation is monumental for the company and enables us to present this uniquely Canadian story to communities across the country. <b>Canada's Ballet Jörgen's Anne of Green Gables – The Ballet™</b> will be the first time the story has been authorized for creation as a full-length ballet. This creation is made possible through the assistance of the heirs of Lucy Maud Montgomery. A full-sized symphonic ballet score will be created as an extended orchestration of the Anne of Green Gables – The Musical® made possible through a</p>	<p><a href="http://www.tixx.ca">www.tixx.ca</a> Esplanade Box Office 403-502-8777</p>

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	partnership with Avonlea Productions Ltd. and Erinsharn Productions Ltd. Anne of Green Gables is a 1908 novel by Canadian author Lucy Maud Montgomery (published as L. M. Montgomery).	
<u>March 13</u>   7:30 PM Canalta Centre 2802 Box Springs Way	<b>Brad Paisley</b>	Tickets available through Ticket Master
<u>March 14</u>   7:30 PM Canalta Centre 2802 Box Springs Way	<b>Medicine Hat Tigers vs Swift Current Broncos</b>	Tickets available through Ticket Master
<u>March 14</u>   10 AM – 12:30 PM Family Leisure Centre 2000 Division Avenue	<b>Special Olympics Alberta</b> – Plunge into Alberta’s icy lakes in support of Special Olympics. Every dollar you raise goes towards more than 3,300 Special Olympics athletes representing 140 communities across Alberta. The Polar Plunge challenges anyone to bravely jump into Alberta’s frozen lake waters. The plunge is open to all ages! If Participant is under 16 years of age on date of activity, Participant Guardian must sign a printed copy of this waiver, which must be presented at Registration prior to the Plunge.	For more information: <a href="https://www.specialolympics.ca/albertapolarplunge">https://www.specialolympics.ca/albertapolarplunge</a>
<u>March 19</u>   7:30 PM Esplanade Arts & Heritage Centre 401 – 1 <sup>st</sup> Street SE	<b>Derina Harvey Band</b> - Fearless front-woman Derina Harvey leads this Celtic rock group, who are recent winners of the People’s Choice Award at the 2018 Edmonton Music Awards. The group offers a fresh take on traditional folk songs as well as an increasing amount of original material. The band has a rocky, rhythmic undertow; layered with guitars, fiddle, and topped by Derina’s powerful voice. dHb has been likened to a rockier version of Canada’s Great Big Sea, if fronted by Adele, and has earned a reputation as a high-energy live show.	<a href="http://www.tixx.ca">www.tixx.ca</a> Esplanade Box Office 403-502-8777
<u>March 21</u>   7:30 PM Canalta Centre 2802 Box Springs Way	<b>Medicine Hat Tigers vs Lethbridge Hurricanes</b>	Tickets available through Ticket Master
<u>March 23</u>   7 PM Esplanade Arts & Heritage Centre 401 – 1 <sup>st</sup> Street SE	<b>Mission Songs Project</b> - Jessie Lloyd first became curious about the songs from the Aboriginal reserves or the mission days when she heard her Aunties singing an old tune from Palm Island, OLD called 'The Irex'. The Irex was the name of the boat that used to transport the stolen generation children and those removed under the Aborigines Protection Act in the early to mid 20th century. Jessie has travelled Australia visiting various communities and elders seeking their stories and advice about the music and life of the old days. <b>This show is designated as Pay-What -You-Will. There is no upfront cost to collect and reserve tickets. After the show we ask you to Pay What You Will by putting \$ in the envelope provided. You decide the price of your tickets!</b> <i>By accepting Pay What You Will tickets for this show, you are committing to ensuring that they are used. Unused tickets may result in ineligibility for future Pay-What-You-Will shows. If you can't make it, please give them to someone who will!</i>	<a href="http://www.tixx.ca">www.tixx.ca</a> Esplanade Box Office 403-502-8777

**ESPLANADE ARTS & HERITAGE CENTRE EXHIBITIONS**

**Snapshot: A History Photography**

December 21, 2019 – June 20, 2020

The first commercial cameras came on the market in the 1880s, about the same time that the first train crossed the South Saskatchewan River into a town of tents, Medicine Hat. Explore the technological, artistic, and social changes of photography as it developed alongside the story of this community through changing technology and the lens of photographers within the region. From daguerreotypes to digital, we have been recording the people, places, and activities of the world around us. Capture glimpses of the evolution of photography through a Medicine Hat lens in ***Snapshot: A History of Photography***.

### **Susan Sakamoto: Boro**

**February 1 – March 28, 2020**

Local artist Susan Sakamoto's new work delves into the deeper mysteries of life and the intertwining of personal and family history. Sakamoto conjures the rich complexities of living in family by taking risks, experimenting, embedding and excavating layers of paint and papers from generations of family life. Boro is a traditional Japanese patchwork technique suggesting the idea of beauty in imperfection, akin to Sakamoto's evocative works of memory and reflection.

### **The Writing on the Wall: Works of Dr. Joane Cardinal-Schubert, RCA**

**February 1 – March 28, 2020**

A profound and impressive retrospective of the work of the celebrated artist, activist, curator, poet, writer and mentor, The Writing on the Wall: Works of Dr. Joane Cardinal-Schubert, RCA weaves through her indigenous activism, seldom-told Canadian histories and environmental issues. Joane Cardinal-Schubert's work melds playfulness with astute observation and an informed critique of the world around her based in-depth historical knowledge. Canadian tour organized by Nickle Galleries, Calgary.

### **A Brewing Question**

**FEBRUARY 15, - MAY 30, 2020** Western Canada has pondered the question of what we drink, how much and where, since the creation of the North West Mounted Police in 1873. Many enjoy a pint from our local breweries today. Experience a story that began with the Saskatchewan Brewery in 1884, a journey with as many twists and turns as the river for which it was named

### **Esplanade Education Programs** **2019-20 PD Days (Ages 5-11)**

**Full days from 9:00am–4:00pm** (drop off starts at 8:30am & pick-up ends at 4:30pm)

SD76: **Mar 20 | Apr 24 | May 29**

MHCBE: **Mar 20 | May 15**

The cost is \$55 for 2019 dates and includes all materials. Some materials used in the classroom could stain clothing. Students should wear old clothes or bring an apron or paint shirt.

### **Spring Art Classes 2020** **APRIL 25, 2020 - JUNE 20, 2020**

**Registration Opens March 2, 2020!**

What sets the Esplanade classes apart from other art classes? Art classes draw from the current exhibitions in the Art Gallery. Two dimensional and three dimensional art projects are designed to give children the opportunity to explore a wide variety of ideas in a diversity of media. Projects and art activities challenge children while instructors offer plenty of encouragement to provide for a safe environment that promotes exploration, creativity and expression.

**ESPLANAUTS (AGES 6-8) | Saturdays | 11:30 AM-1:30 PM | April 25 – June 20 (No class on May 18)**

**Instructor: Candice Arnold**

Students will enjoy 8 weeks of fun while developing and refining their art skills. They will have the opportunity to learn the basics in a variety of mediums, building confidence and understanding as their knowledge in fine arts grows.

**ESPLANAUTS (AGES 9-12) | Saturdays | 3-5 PM | April 25 – June 20 (No class on May 18) | Instructor: Candice Arnold**

Students will enjoy 8 weeks of fun while developing and refining their art skills. They will have the opportunity to learn the basics in a variety of mediums, building confidence and understanding as their knowledge in fine arts grows. in an exciting and dynamic atmosphere.

**TOTS (AGES 2-3; PARENTED) | Thursdays | 5-6 PM | April 30 – June 18 | Instructor: Julie Downie-Hoglund**

A fun-filled hour for toddlers and caregivers. These art classes are fun-filled explorations of art materials, colours, and textures. Tots will dive right into the creative process, building new skills along the way!

**PRECHOOLERS (AGES 4-5) | Tuesdays | 5-6 PM | April 28 – June 16 | Instructor: Julie Downie-Hoglund**

An exciting hour of play-based learning for preschoolers! Self-expression and imagination are encouraged through hands-on activities introducing a wide variety of materials and techniques designed to foster creativity, curiosity and fine motor skills.

**Seniors Centre – News & Views – March Edition**

**Wellness Wednesday Events**

**Movie Matinee - The Peanut Butter Falcon - March 4, 12:30 pm**

March is the month we celebrate "Raising the Curtain". This special movie presentation will honor our tradition of recognizing and celebrating diversity and inclusion.

After running away from a residential nursing home to pursue his dream of becoming a pro wrestler, a man who has Down syndrome befriends an outlaw who becomes his coach and ally. Rating: PG-13

**Supportive Counseling Services - March 11, 9:00 am - 12:00 pm**

Medicine Hat Family Service (MHFS) counseling professionals are pleased to offer in-person consultations on stress management, family issues or health and age-related losses. Call 403-529-8307 to book a free 1-hour appointment, in our newly renovated private office in the Veiner Centre.

**Wellness Wednesday Presentation - March 18, 10:00 am**

**Buying and Selling Property with Cameron Kemp (Lawyer)**

Thinking about downsizing? Wanting to make a move? Have questions about the legal ins and outs of buying and selling? Come to this informative session!

Register by calling reception at 403-529-8307.

**DILLS –**

**Meals for Men**

Are you a gentleman who lives alone? If so, you are invited to a special event on Wednesday, March 11 from 5 - 7:00 pm at Meadowlands. Attendees will make a meal to enjoy together and 4 more to take home. This month's menu is Chicken Cordon Blue Pasta. Cost is \$25 per person. Registration required. To register please phone Mariah at: **403-548-8383**

**Wednesday, March 4th 10-12pm**

**Discover: Human Books**

The Human Library Collection at MHPL allows you to have a conversation with a real live human to hear their fascinating story. Join us (at the Veiner Centre) for a morning of conversation with some of our Human Books, such as "Caregiver 101" and "Travelling Solo," because everyone has a story to tell.

**Canadian Volunteer Income Tax Program**

Crestwood MB Church – 2348 Dunmore Road SE  
March 01, 2019 – April 30, 2019.

9:00 am – 3:00 pm, Monday - Tuesday, Thursday - Friday.

Single \$35,000.00 or less yearly Income - Free!

Married - \$45,000.00 or less yearly Income - Free!

3 Persons \$47,500.00 - Free!

Married With Children -\$45,000.00 + \$2,500.00 per child - Free!

Must Have Your Income Statements!

No Appointment Needed

**NEW FITNESS CLASSES:**

**Fun & Fitness: Strength & Length** - Wednesdays 4:30-5:15PM Apr 1 – Jun 24 (no class Apr 15)

this class has all the fun of our morning Fun & Fitness classes but with a focus on strength & flexibility training. A 45min class that gets right to the good stuff and is the perfect way to end your afternoon!

**Qi Gong** - Tuesdays- 4:15-5:00PM

The literal translation of qi gong is "energy work." It is an Asian form of yoga that has been around for thousands of years. This class is a moving meditation that focuses on the body and mind connection. This workout will combine gentle movement with deep breathing to create a sense of balance among participants.

### **RETURNING FITNESS CLASSES:**

Our next class session will begin March 30<sup>th</sup>-June 26<sup>th</sup> (no class the week after Easter, April 13-17), classes will go on sale **Monday March 9<sup>th</sup>** at 9:00am.

- Monday's Solid Gold Dance Fitness – Mondays 12:00 pm
- Mind-Body Works – Mondays 1:00 pm
- Fun and Fitness – Tuesdays and Thursdays 9:30 am
- Fun and Fitness – Tuesdays and Thursdays 10:45 am
- Silver Steps – Line Dancin' – Tuesdays 1:00 pm and Fridays 9:00 am (Second Day Added!)
- FUNctional Fitness – Wednesdays 12:00 pm
- Chair Yoga Gold– Wednesdays 1:00 pm
- Hatha Yoga – Thursdays 1:00 pm

### **Fitness Equipment Orientations**

**All members** have the opportunity to have a fitness equipment orientation by a qualified instructor in the Strathcona Centre Gym. Call the Veiner Centre (403-529-8307) to sign up now to reserve your spot for one of the following dates:

- Monday, March 2, 1:00-2:00 pm
- Friday, March 13, 10:00-11:00 am
- Monday, March 16, 1:00-2:00 pm
- Friday, March 27, 10:00-11:00 am
- Monday, March 30, 1:00-2:00 pm

### **Technology Petting Zoo!**

Come and join our friends from London Drugs and the Medicine Hat Public Library for a Technology Petting Zoo. Interact with various technological devices, learn how they work, and see how they can help you stay connected in these fast paced times. March 23, 11:00 am – 2:00 pm.

### **Sawubona Launch Event**

The Sawubona Exhibit will be on display at the Veiner Centre (225 Woodman Ave. SE) from Monday March 2 to Sunday March 8, 2020. On Thursday March 5<sup>th</sup> 10-11AM at the Veiner Centre we will be hosting - the Sawubona Launch Event & Sharing Time

Details: The event will be an opportunity for anyone who would like to view the Sawubona Exhibit and learn more about it – to come and check it out. Saamis and Veiner Centre seniors will be meeting to experience the true meaning of Sawubona, which in Zulu is a greeting that means, "we see you." This event is an opportunity to walk in someone else's shoes.

We will have a time of tea, treats, and talking, as a way of creating connections. We encourage those coming to bring an item that they would like to share about, in a conversation setting. This item may be something that represents a time or place of importance to them, it may be an item connected to a special celebration in their culture, or be reminiscent of a special memory from their past. Items could include photographs, a memento, item of clothing, or an artifact to name a few. It is our hope that it will start the conversation and build understanding of both commonalities and interesting differences.

The cost is free and everyone is welcome!

### **CULTURAL FAIR:**

Unisphere is hosting a Cultural Fair on March 7 to celebrate the 2020 International Women's Day theme "an equal world is an enabled world!" This event will feature cultural entertainment, artifacts, sampling of ethnic foods along with diverse stories of diverse women in diverse roles! Come and join us for fun filled afternoon of celebration and cultural engagement!

When: Saturday March 7, 2020

When: 11:00 a.m. to 2:00 p.m.

Where: Veiner Centre, Medicine Hat

Cost: Free Event

**EVERYONE IS WELCOME!**

<b>let's play</b> at the medicine hat public library	
<b>Co-op Community Developmental Play Space: Now Open!</b>	The Co-op Community Developmental Play Space is now open inside the Kinsmen Children's Library at MHPL. The hours of the Play Space are as follows: <ul style="list-style-type: none"><li>• Monday - Thursday: 11:00 am - 8:00 pm</li><li>• Friday &amp; Saturday: 11:00 am - 5:00 pm</li><li>• Sunday: 1:00 pm - 5:00 pm</li></ul>
<b>Babies &amp; Ones Storytime</b> Tuesdays @ 10:30 AM – 11:00 AM March 3, 10, 17, 24, 31	Enjoy songs, rhymes, tickles and knee bounces. Children must attend with a parent or other adult caregiver. <i>Registration is required by calling 403-502-8526.</i>
<b>Toddler Storytime</b> Thursdays @ 10:30 AM – 11:00 AM March 5, 12, 19, 26	Join us for stories, songs and rhymes. Children must attend with a parent or other adult caregiver. <i>Registration is required by calling 403-502-8526.</i>
<b>Preschool Storytime (Drop-In)</b> Fridays @ 10:30 AM – 11:00 AM March 6, 13, 20, 27	For 3 – 6 year olds. Stories, songs and rhymes on various themes. Children must attend with a parent or other adult caregiver.

<b>Evening Family Storytime</b> Tuesdays @ 6:00 PM – 6:30 PM March 3, 10, 17, 24, 31	Evening Family Storytime offers a chance for those who can't make our morning programs to enjoy stories and songs for the whole family. Feel free to come in pj's and bring along your favourite stuffie. <i>Registration is required by calling 403-502-8526.</i>
<b>LEGO at the Library</b> Sundays @ 2:00 PM – 4:00 PM March 1, 8, 15, 22, 29	Use your imagination to build something amazing! A parent/caregiver must accompany children during the program, regardless of age.
<b>Limiting Screen Time</b> Wednesday, March 4 @ 7:00 PM	This is the third and final session in a three-part series intended for parents and caregivers interested in learning more about the impacts of screen time. The focus of this final session will be on the "Simple Connections, Stronger Families" Initiative which explores the importance of connecting as a way to build resilience, prevent substance use/abuse, and promote positive mental health. Presented by Alberta Health Services.

## hang out

at the medicine hat public library

<b>Tween Techsplosion Night (ages 10 – 12)</b> Monday, March 16 @ 7:00 PM – 8:30 PM	This night is all about exploring technology and making things! Great gadgets and cool contraptions for plenty of hands-on fun! Drinks and snacks will be provided.
<b>Dungeons &amp; Dragons for Teens (ages 13 – 18)</b> Tuesdays, March 3 & 24 @ 6:30 8:30 PM	Join Andrew, our resident DM, for a 5th Level one-shot D&D adventures! <i>Registration is required by calling 403-502-8525.</i>
<b>TIC-TAC Presents: Teen DIY Night (ages 13 – 18)</b> Friday, March 6 @ 7:00 PM – 9:30 PM	Let your creative juices flow at our first ever DIY Night! You'll have the chance to design your own phone popsocket, learn how to personalize your clothing with DIY patches, create a string art masterpiece, compete in a LEGO building competition, and even design your own Super Mario video game! My Place/Hugs will also be here with a mental health-inspired DIY activity, and to share information about their resources.
<b>TIC-TAC Presents: Teen Anime Night (ages 13 – 18)</b> Friday, March 20 @ 7:00 PM – 9:30 PM	We're celebrating all things Anime! We'll have prizes for best costume and best artwork, you can make your own candy sushi, test your knowledge in our trivia contest, watch some Anime on our big screen, or become our new Ramen Noodle eating champion! Our friends from the BeYOUth Centre will also be here with a fun Anime-inspired activity, and to share info about their resources.

## what's on

at the medicine hat public library

<b>Travelogue: Alaska</b> Tuesday, March 3 @ 7:00 PM – 8:30 PM	Join Dennis Beierbach to see the beauty of the north with this Alaskan travelogue.
<b>Discover: Human Books at the Veiner Centre</b> Wednesday, March 4 @ 10:00 AM – 12:00 PM	The Human Library Collection at MHPL allows you to "borrow" (AKA have a conversation with) a human in order to hear their fascinating story. Join us at the Veiner Centre for a morning of conversation with some of our Human Books, such as "Being A Caregiver" and "Solo Travel," because everyone has a story to tell.
<b>Limiting Screen Time</b> Wednesday, March 4 @ 7:00 PM – 9:00 PM	This is the third and final session in a three-part series intended for parents and caregivers interested in learning more about the impacts of screen time. The focus of this final session will be on the "Simple Connections, Stronger Families" Initiative which explores the importance of connecting as a way to build resilience, prevent substance use/abuse, and promote positive mental health. Presented by Alberta Health Services.
<b>German Language Group</b> Mondays, March 6 & 20 @ 7:00 – 8:00 PM	An informal group who gets together weekly to speak German over a cup of coffee. All German speakers welcome.
<b>Bullet Journaling</b> Monday, March 9 @ 7:00 PM – 9:00 PM	Bullet Journaling is a method of personal organization that combines scheduling, reminders, to-do lists, brainstorming, and other organizational tasks into a single notebook. Learn the bullet journaling basics and get inspired to keep your life organized in a fun way. <i>Registration is required with a \$5 fee. Call us at 403-502-8525.</i>
<b>Learn to Crochet</b> Wednesday, March 11 @ 7:00 PM – 9:00 PM	This class is for beginners or those who haven't crocheted in a while. Please bring a crochet hook and if you plan to work on a project, bring it along.
<b>Stitching in the Evening</b> Thursdays, March 12 & 26	Work on your knitting, stitching, or sewing project in good company.

@ 7:00 PM – 9:00 PM	
<b>Southeastern Alberta Board Leadership Development Workshop</b> Saturday, March 14 @ 8:00 AM – 3:00 PM	Board leadership workshop for non-profit groups; choice to attend three sessions from the twelve offered. \$85 registration through Eventbrite.ca.
<b>Medicine for the Soul Book Club</b> Tuesday, March 17 @ 6:30 PM – 8:00 PM	We're reading our way through the Library's Book Club Kits! In March we're discussing <i>Clock Dance</i> by Anne Tyler. Newcomers welcome.
<b>The Good Life: A Political Book Club</b> Thursday, March 19 @ 7:00 PM – 9:00 PM	Join us in March to discuss <i>Paris 1919</i> by Margaret MacMillan. Newcomers welcome.
<b>Pecha Kucha Vol. 25 @ the Esplanade</b> Friday, March 20 @ 8:20 PM	Join us in the Main Theatre at the Esplanade Arts & Heritage Centre for Volume 25 of Pecha Kucha Night - a community speaker series where passionate people in our community make short presentations on interesting topics following the format of 20 slides x 20 seconds per slide. Doors open 7:30 pm. Suggested donation of \$5. Cash bar on site. Family-friendly event.
<b>Raising the Curtain: Le Fuzz Concert</b> Sunday, March 22 @ 1:30 PM – 3:30 PM	This multilingual concert is a great way to celebrate diversity! Le Fuzz is a world influenced gypsy folk band from Edmonton, AB that sings in numerous languages - French, Spanish, Russian, et en Anglais all coloured with accordions, pianos, fiddles, percussion - they weave in an out of cultures effortlessly while enchanting audiences with their grooves and joie de vivre.
<b>Raising the Curtain: Technology Petting Zoo at the Veiner Centre</b> Monday, March 23 @ 11:00 AM – 2:00 PM	Join us at the Veiner Centre to see what sort of fun technology and diversity activities you can discover.
<b>Raising the Curtain: Storytelling at the Esplanade</b> Tuesday, March 24 @ 1:00 PM – 2:30 PM	Join us for an afternoon of creating and storytelling.
<b>Artist Reception: Water Show</b> Monday, March 24 @ 7:00 PM – 9:00 PM	Join us for a reception for the artists who displayed their art this month in recognition of World Water Day. Light refreshments will be served.
<b>Rhyme &amp; Reason Open Mic</b> Tuesday, March 24 @ 7:00 PM – 9:00 PM	Local authors from the Rhyme and Reason writers club share their writing through story telling. All are welcome.
<b>Healing and Reconciliation: Missing and Murdered Indigenous Women</b> Wednesday, March 25 @ 9:00 AM – 12:00 PM AND 1:00 PM – 4:00 PM	Stephanie Harpe, a public speaker, singer, actress, and a proud member of the Fort Mckay First Nation will be speaking at the Library twice on March 25th. Since the murder of her mother and friends in Edmonton, Stephanie has been advocating across Canada for murdered and missing Indigenous women through speech and song. Join us to hear more about how she gives a voice to the voiceless. This program is presented in partnership with the Miywasin Friendship Centre.
<b>Raising the Curtain Film: The Peanut Butter Falcon (PG)</b> Wednesday, March 25 @ 6:30 PM	After running away from a residential nursing home to pursue his dream of becoming a pro wrestler, a man who has Down syndrome befriends an outlaw who becomes his coach and ally. 97 min.
<b>Better Choices, Better Health</b> Wednesdays starting March 25 @ 6:00 PM – 8:30 PM	A six-part program about healthy options for people dealing with ongoing health issues. Registration is required through Alberta Health Services by calling 403-529-8969.
<b>Women's Cancer Support Group</b> Wednesday, March 25 @ 7:00 – 9:00 PM	A local support group for women at all stages of their cancer journey.
<b>Music Book Launch Celebration</b> Thursday, March 26 @ 7:00 PM – 9:00 PM	Join Lyle Rebbeck to celebrate the launch of Lyle's new book: <i>A Practical Guide For Teaching The Saxophone To Beginners</i> , published by Friesen Press. The evening will include performances from past and present students.
<b>6th Annual Seedy Saturday Seed Exchange</b> Saturday, March 28 @ 1:00 PM – 4:00 PM	The annual Medicine Hat Seed Exchange has moved to the Library! Join us if you have extra seeds to share, and even if you don't, gardeners will generously share seeds, so be sure to attend! Please bring recycled/reuseable containers or envelopes to take seeds home.
<b>Around the World Travelogue</b> Monday, March 30 @ 7:00 PM – 8:30 PM	Join four library staff members as they share their photos and stories from a variety of countries around the world, including Sicily, London, New York, Vancouver, coastal British Columbia, and Newfoundland.
<b>Rattlesnake Safety</b> Tuesday, March 31 @ 7:00 PM – 8:30 PM	Ken Moore will be speaking about Southern Alberta rattlesnakes. Sponsored by the Friends of the Helen Schuler Nature Centre in Lethbridge.
<b>Connecting Through Creating</b> Tuesday, March 31 @ 7:00 PM – 9:00 PM	The Medicine Hat Drug Coalition is hosting a social leisure evening once a month. Open to the community to provide a safe and caring atmosphere for folks in recovery to meet new people.

	Please join us for this new initiative and let us know what your interests are.
<b>Le Club Franco</b> Saturdays @ 10:00 AM – 12:00 PM	This informal group gets together weekly to speak French over a cup of coffee. All French speakers welcome.
<b>El Club De Los Sabados</b> Saturdays @ 1:00 PM – 3:00 PM	This informal group gets together weekly to speak Spanish over coffee. All Spanish speakers welcome.
<b>Colouring in the Afternoon</b> Mondays @ 1:30 PM – 3:30 PM	Join us to de-stress with colouring at the library. Tools, colouring sheets, and refreshments provided.
<b>Tech Time</b> Every other Monday @ 2:00 PM & 3:00 PM	This program will provide you with help that is tailored to your specific needs. <i>Registration required by calling 403-502-8525.</i>
<b>Computer Drop-in</b> Tuesdays @ 1:00 PM – 3:00 PM	Drop-in to work on your computer skills. A volunteer will be on-hand to assist.
<b>Stitching in the Afternoon</b> Tuesdays @ 1:30 PM – 3:30 PM	Bring a knitting, stitching, sewing, or crocheting project to complete in the company of others.
<b>Activities for Persons with Developmental Delays</b> Wednesdays @ 1:00 PM – 2:30 PM	We do crafts, sing songs, or watch movies. <i>Registration required by calling 403-502-8525.</i>
<b>Library Tech Help</b> Thursdays @ 2:00 PM & 3:00 PM	Learn to use the Library's eResources with one-on-one assistance from library staff. <i>Registration required by calling 403-502-8525.</i>
<b>Caregiver Connections Support Group</b> Thursdays @ 3:00 PM – 5:00 PM	The Canadian Mental Health Association's drop-in peer-to-peer family support group is for parents and caregivers of children or young adults experiencing a mental health concern or addiction.

## movie time

at the medicine hat public library

<b>Classic Film: Duchess of Idaho (1950)</b> Thursday, March 5 @ 2:00 PM	Ellen Hallet is in love with her playboy boss, Douglas Morrison, but is too timid to do anything about it. To help her, her roommate Chris decides to step in and devises a plan. With Esther Williams and Van Johnson. Followed by afternoon tea and cookies. 98 min.
<b>The Good Liar (14A)</b> Thursday, March 5 @ 6:30 PM	Consummate con man Roy Courtney has set his sights on his latest mark: the recently widowed Betty McLeish, worth millions. But this time, what should have been a simple swindle escalates into a cat-and-mouse game with the ultimate stakes. With Helen Mirren and Ian McKellen. 109 min.
<b>Frozen (G)</b> Saturday, March 7 @ 2:00 PM	When the newly crowned Queen Elsa accidentally uses her power to turn things into ice to curse her home in infinite winter, her sister Anna teams up with a mountain man, his playful reindeer, and a snowman to change the weather condition. With Kristen Bell and Idina Menzel. 102 min.
<b>Frozen II (G)</b> Saturday, March 14 @ 2:00 PM	Anna, Elsa, Kristoff, Olaf and Sven leave Arendelle to travel to an ancient, autumn-bound forest of an enchanted land. They set out to find the origin of Elsa's powers in order to save their kingdom. With Kristen Bell and Idina Menzel. 103 min.
<b>Sensory Screening: Frozen II (G)</b> Sunday, March 15 @ 2:00 PM	Sensory screenings are for children with sensory processing disorders like autism. The volume is lowered, the lights are raised, and the audience is understanding in the event your child becomes disruptive.
<b>The Condor and the Eagle (NR)</b> Wednesday, March 18 @ 6:30 PM	This documentary follows indigenous leaders as they travel from the Canadian plains to the Amazonia Jungle to deepen their understanding of "Climate Justice." In partnership with the Council of Canadians. 86 min.
<b>Classic Film: 40 Pounds of Trouble (1962)</b> Thursday, March 19 @ 2:00 PM	Hilarity ensues when a casino manager spends a day at Disneyland with a cute but troublesome little girl. With Tony Curtis and Phil Silvers. 106 min.
<b>Dark Waters (PG)</b> Thursday, March 19 @ 6:30 PM	In honour of World Water Day we're showing this film that follows a corporate defense attorney as he takes on an environmental lawsuit against a chemical company which exposes a lengthy history of pollution. Inspired by a true story. With Mark Ruffalo and Anne Hathaway. 126 min.
<b>The Addams Family (PG)</b> Saturday, March 21 @ 2:00 PM	The eccentrically macabre family moves to a bland suburb where Wednesday Addams' friendship with the daughter of a hostile and conformist local reality show host exacerbates conflict between the families. With Oscar Isaac and Charlize Theron. 86 min.
<b>Raising the Curtain Film: The Peanut Butter Falcon (PG)</b> Wednesday, March 25 @ 6:30 PM	After running away from a residential nursing home to pursue his dream of becoming a pro wrestler, a man who has Down syndrome befriends an outlaw who becomes his coach and ally. 97 min.



